

# DIY FACE MASK

## WHAT YOU'LL NEED

- 100% Cotton Fabric
- Flat Elastic (1/4" - 1/8")
- Sewing Machine
- Sewing Pins
- Scissors or Rotary Cutter

## How to Make a DIY Face Mask



### Step 1: Cut Your Fabric & Elastic

Cut out fabric into 2 rectangles (9" long x 6" wide for adults, 7.5" x 5" for children). Cut 2 elastic strips 7" long.

### Step 2: Sew Your Face Mask & Elastic in Place:

- Placing your fabric rectangles right sides together. Start sewing in the middle of one of the longer (9") sides. Sew until you get 1" from the corner.
- Place one of the ends of your elastic diagonally (45 degree angle) on the corner. Then sew the remaining 1" of 9" side, sewing the elastic in place.
- Then sew down the 6" side. Attaching the other end of the elastic to the bottom corner of your rectangle. Sew the elastic in place. (Now the elastic will be sewn on the top and bottom corners.)
- Sew the second 9" side all the way until you are 1" from the next corner. Insert the elastic diagonally again. Sew the last 1" of the corner, including the elastic cord.
- Sew the second 6" side until you reach the top corner. Sew the other side of the elastic in place.
- Now continue sewing the other half of the 9" side you started with, remembering to leave a 1.5"-2" opening to turn your fabric right sides out.

**Step 3: Turn your fabric inside out:** You will have a rectangle mask now with elastic loops on both of the 6" sides.

**Step 4: Sew Tucks/ Pleats in your Mask:** Scrunch the sides of your mask and pin 3 tucks/ pleats that are going in the same direction.

**Step 5: Sew around your entire mask 2 times.** This is protective equipment so you want it as a secure as possible.